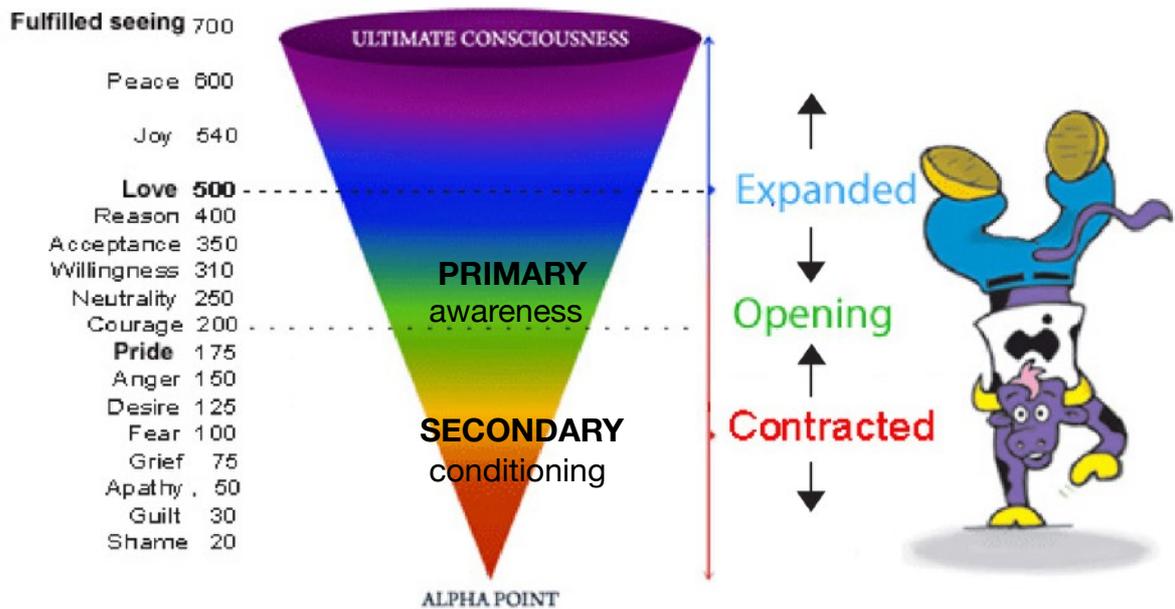


Anti-Bullying , Emotional Intelligence Raising Program

- The 'me' sees everything upside down -



See-ing

versus

Me-ing

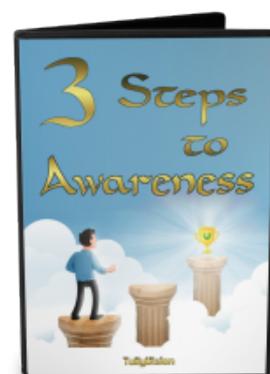


The Scale of Consciousness, illustrated by Dr. David Hawkins in his book “*Power vs. Force*”. He showed that consciousness and therefore each human emotion has a vibration.

The **Mastery Program** for Parents and Teachers helps everyone see the me or the self and its relationship to **Secondary** egoic conditioning. The **Primary** aligns with Love Joy and Peace and posses the wisdom necessary to lessen ones me-made attachments. Depending on ones conditioning and relative intelligence, one may see its illusionary existence and dissolve it, in some cases completely.

This allows one to see the origins of all thought, which is memory and is limited in nature, as secondary learning is limited to secondary perception. However, the primary, before ones me-made conditioning is the intelligence that AnUdder World points to. By asking questions, one is able to penetrate the structure of ones own secondary conditioning and in so, open up to new ways of seeing old challenges.

Humans can generally reach around 700+.on a maximum scale of 1000. From 200 up one is preparing for the release of me-made conditioning. The **3 steps to awareness** and the **Future is Now** are free video downloads designed to helps adults see this and also provide support where and when required.



500 and above is mastering primary to secondary living. This is where the primary can balance an ability to see secondary conditioning that lives from 200 and below.

Now, personal issues can be dealt with intelligently, beyond the inherent problem. Solutions can now be discovered, unique to ones ability and desire.

Below 500 one is still challenged by ones own conditioning from 200 and below and may simply chose to remain full of its accumulated knowledge, where there is no escape from its conditioned content.



The me that has accumulated all its knowledge built on thought and memory creates conflict and contradiction. By questioning ones own belief system, built upon the perceiving me, one can discover new ways of seeing old problems.

AnUdder World helps Students see new ways of delegating their own behaviour which naturally assumes more personal responsibility.

With adult involvement, understanding and compassion can guide ones individual needs and support others where needed. 



Tuesday, 03 February 2018 00:16

Cyber bullying. What can parents do?

An independent study found that children spending long periods of time online had an increased likelihood of being cyber bullied. The research found that children that had a blend of sport and socialising outdoors after school were far less affected by cyber bullying. Sounds so obvious.

It's what children are doing when they're offline that counts. Finding a healthy balance is the key.

When children are online for too long it affects their ability to communicate.



Primary seeing

Above

Secondary conditioning

Below

Experts conducted a study on 150 children between the age of 10 - 18 and found there was a major reduction in Cyber bullying when children were a part of a sporting or outdoors activity.

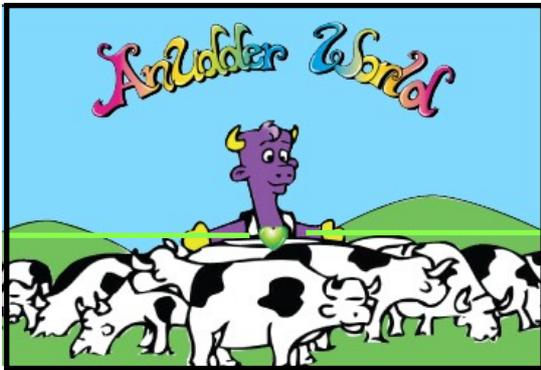
For as little as 30 minutes a day experts reported a drastic decrease in Cyber bullying issues.

Supporting our children with a balanced life style is the key.

Monday, 09 February 2018 14:00

Anudder World, Anti-Bullying, Emotional Intelligence Program

Herd programming relates to more left brain education. The right brain relates an ability to see these limitations and develop new ways of solving problems.



PRIMARY
Who you are
Awareness

SECONDARY
Conditioning

Students explore the 'below' secondary in relation to ego development. Here they learn healthy boundaries and self identity.

After this, they explore the 'above' primary where new realisations can be made.

This helps Students see bullying behaviour in a new perspective and take ownership of their behaviours. When they present their findings to class they develop their own way of managing and dealing with their own behaviours.

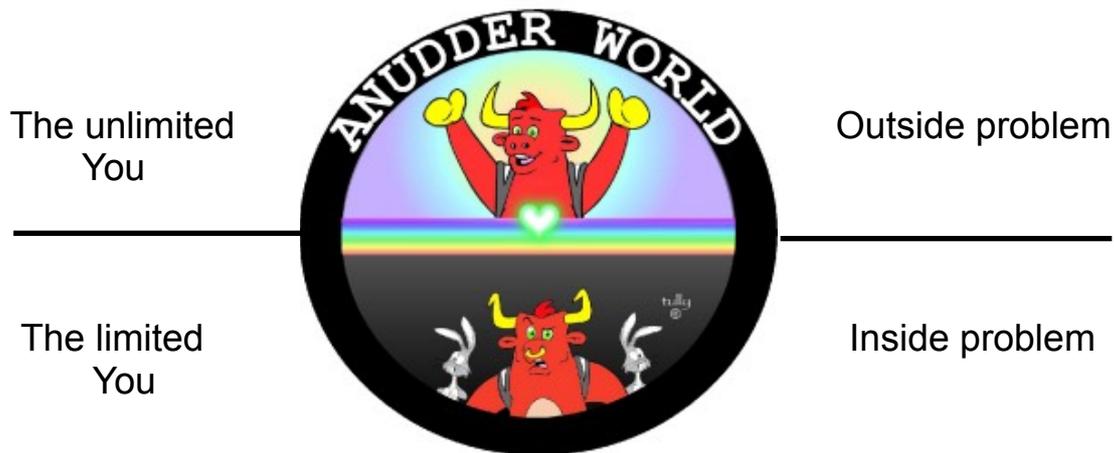
*The **Above**, Inclusive of the whole, Unknowable, Intelligence, Compassion.*

*The **Below**, Separate from whole, Knowable, Conditioning, Survival, limited, divisive.*

Do you follow the herd, or see it for what it is?

The issues we face today are so complex and overwhelming that society can not see, deal with or manage them.

Consequently, we use the same thoughts and perceptions handed down generationally in the 'below' of our conditioning.



Can you see your challenges from outside the problem?

Can you see your me-ing?



Seeing

Me-ing

Abundant.....	Excessive
Accepting.....	Rejecting
Admitting.....	Denying
Agreeable	Condescending
Allowing.....	Controlling
Appreciative.....	Envious
Approving.....	Critical
Attractive.....	Seductive
Authorative.....	Dogmatic
Balanced.....	Extreme



**AnUdder World involves
Parents Teachers and
Students.**

- Follow your heart -

- Not the herd -

**'Anudder World' is an Anti-Bullying- Emotional Intelligence
raising Program**



The Online Support material keep it real long term.

Saturday, 04 March 2018 02:28

Affirmations

I am Grateful for all the good in my life.

The ability to acknowledge the good things in your life. Not focusing on the things you don't have.

I am perfect just the way I am.

The source of all truth and beauty lives within you. Allow yourself to recognise it.

I am a good friend to myself.

I trust myself to be the best I can be.

I play well with others.

I trust myself to have fun with others in a respectful caring way.

I am free to dream.

I am free to be who I choose to be.

I am unique.

There is no one else on earth quite like you.



Wednesday, 09 March 2018 03:17

Why saying NO to bullying fails

Every action has an opposite and equal reaction. Isaac Newton.

When you say NO to something it has an equal and opposite reaction.

Saying 'No bullying' to a child struggling with their own issues already can bring an opposite reaction. It's a bit like saying 'No to anger'. If you need to express something, saying no makes you want to express it even more.

Nature seeks to balance everything. It has no judgement in right or wrong. This is why it's opposite always comes up. If you strive to be only happy, you will experience its opposite in sadness. That's why the expression of gratitude and love from the heart transcends this duality with a sense of oneness.

Einstein said. The problems we face can not be solved at the same level from which they were created. By saying No to bullying, we ignore the issues that fuel it. The problem can't be solved at this level of thought.

There are two basic conscious levels. The fear based egoic mind of human survival 'below the line'. The other is the consciousness of love and gratitude 'above it'. When balanced, you discover AnUdder World.

'Below the line' is limited and therefore creates separation conflict and contradiction.

Our children's future depends on the ability of parents and teachers to advocate an ability to see from above their own conditioned past. Due to this being ignored by most adults, lets allow our youth to make up their own mind.

This will help families and Schools navigate through the challenges ahead.



Thursday, 20 March 2018 05:18

Unconscious Bullying, can you see it?



PRIMARY
Awareness

SECONDARY
Conditioning

Letting go of our luggage is our greatest challenge. Our story from our past often prevents personal growth whenever we hold onto the right and wrong of emotions 'below'. This only strengthens our sense of who we think we are and we lose perspective.

The luggage we tend to carry in the 'below' then acts as the blinker or filter to what is really going on. This is where I believe relationships **SHIPS sink**.

By seeing your challenges 'below' you can honestly see from outside of your egoic control. The people that work through their pain, deepen and heal old wounds because they do not run away or move to a better solution. They stay with 'what is' and see it for what it truly IS.

The seeing is the transcending when it is no longer you seeing through the same me.

The Primary awareness is ignored because we cannot let go of what we know in our secondary me-made story and therefore we never experience its release.

The releasing of the known allows the unknown to see with clarity. Here the choiceless seeing can recognise the secondary nature of choice in balance. The choiceness can never be in conflict because the me that chooses is seen as the illusionary chooser.

We inspire children to see their challenges far more simplistically than this example due to the reality of their ego developing with a healthy sense of self. Only when there is a healthy sense of self can students explore the 'above' as each individual is unique.

Adults view the free video resources at www.anudderworld.com.au

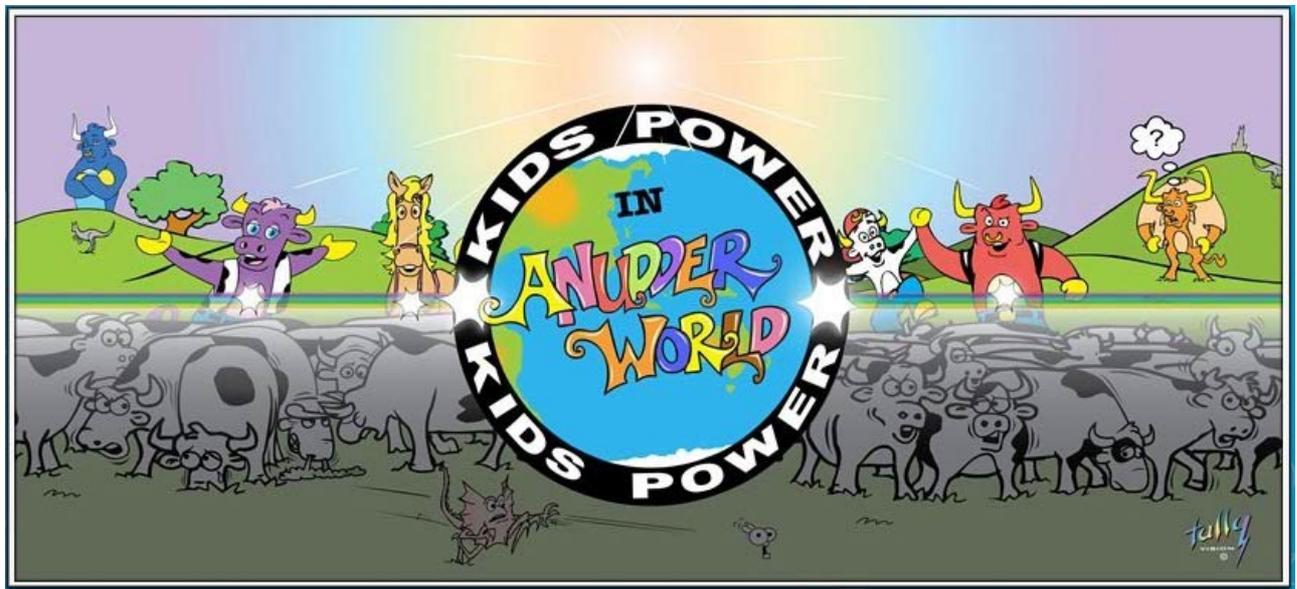
What's the value in thinking twice?

Sometimes our first reactive thought is our best response. Other times, usually in our relationships, we're far better off to shut up and think twice. Put simply, we allow ourselves the space to listen with the awareness outside ones me-made narrative.

Instead of feeding the predictable drama 'below', a different response may arise from intelligence and compassion.

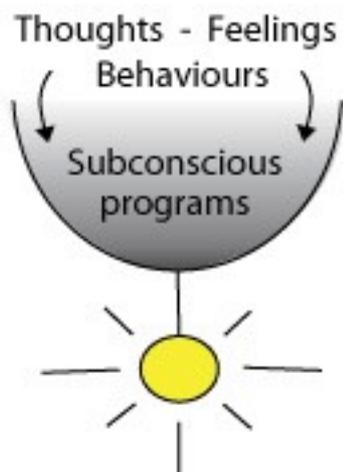
You are choice-lessly seeing, with wisdom and caring attention because you practice it **first up**, daily.

New Vision = New Future.



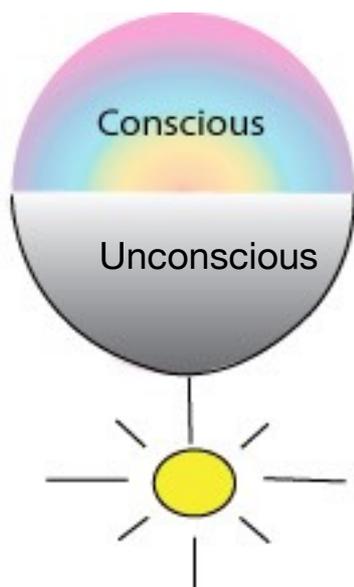
Thursday, 2 March 2018 03:43

Bullying Solutions



By the age of five years we have been programmed with every thought, feeling and behaviour from the people around us.

That's a bit scary



Consciousness is outside the influence of the egoic 'me' and the way 'me' carries its own unconscious agendas.

The unconscious controls the way you interact and see the world.

When the above guides the below, alignment can be discovered.

People often feel **OVER IT** in the 'below' way yet don't realise the importance of being **OVER IT** in the 'above'.

Seeing your challenges from the unattached 'above' is key to discovering inner peace and true security in the 'below'.

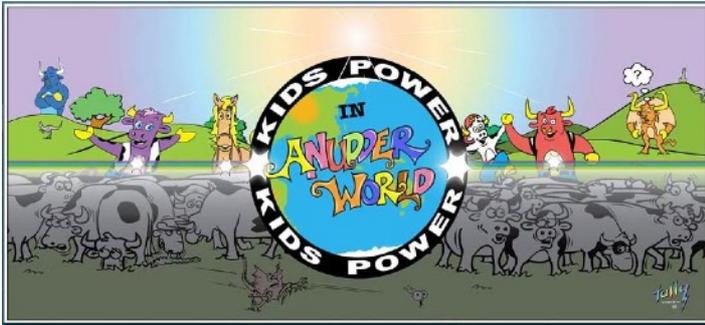
Good mental health = balancing both.

Download **I AM OVER IT** free on www.anudderworld.com.au



Thursday, 5 March 2018 03:38

Bullying'. What's really going on?



The cartoon program
AnUdder World

Our herd conditioning lives through the past below and limits our ability to see.

What would it take to see your life from the 'above' perspective?

By being in the world and not of it, you achieve the above peace and prosperity that choicelessly- sees the below with understanding and compassion.

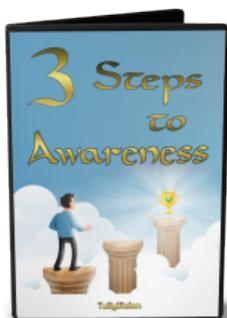
The 'above' can observe situations without the unnecessary conflict arising from the below me-made perceiver.

By learning to see from the 'above' we gain sense of self control in a world of stress and chaos.

We break the cycle of yesterdays issues below by reclaiming our personal power.

Stress increases when we don't see our challenges in perspective.

The **3 steps to awareness** and **The Future is NOW** helps families and schools be prepared for the challenges ahead in advance.



These downloadable video resources are available for adults at www.anudderworld.com.au

The cartoon **AnUdder World** is for young ones to use at schools together.



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